



# Helix Charter High School

Kevin Osborn, Executive Director



Dear Parent or Guardian:

**RE: 2023-2024 School Year**

Some students need to take medication during the school day. If this applies to your son/daughter, please have your physician complete the “**Authorization for Medication Administration**” form on the reverse side. It also needs to be signed by you. This form needs to be completed on an annual basis. It is mandatory that this form be submitted to the School Nurse prior to medication distribution to your student, even for over-the-counter medication.

Other students need to carry emergency or life-sustaining medication or equipment on their person (**inhaler, insulin, EpiPen, or blood glucose testing equipment only are allowed**). If this applies to your son/daughter, you and your physician also need to complete the “**Authorization for Medication Administration**” form on an annual basis.

Even if school personnel are not dispensing medication to your student, it is critical that the School Nurse ensures the proper handling and disposal of medical supplies and equipment.

If you have any questions about these procedures, please contact the School Nurse at:

Phone 619-644-1940, ext. 271

Email [hurst@helixcharter.net](mailto:hurst@helixcharter.net)

Fax 619-431-2409

Sincerely,

Kyja Hurst, LVN  
School Nurse



# Helix Charter High School

Kevin Osborn, Executive Director



Estimado Padre o Guardián:

**RE: Año escolar 2023-2024**

Algunos estudiantes necesitan tomar medicamentos durante el día escolar. Si esto aplica a su hijo/hija, favor de pedirle a su médico que complete el formulario de “**Autorización para la Administración de Medicamentos**” en el reverso. También debe estar firmado por usted. Este formulario debe completarse anualmente. Es obligatorio que este formulario se entregue a la Enfermera Escolar antes de la distribución de medicamentos a su estudiante, *incluso para medicamentos de venta libre*.

Otros estudiantes deben llevar consigo medicamentos o equipos de emergencia o de soporte vital (**solo se permiten inhaladores, insulina, EpiPens o equipos de prueba de glucosa de sangre**). Si esto aplica a su hijo/hija, usted y su médico también deben completar el formulario de “**Autorización para la Administración de Medicamentos**” anualmente.

Incluso si el personal escolar no está administrando medicamentos a su estudiante, es fundamental que la Enfermera Escolar garantice el manejo y la eliminación adecuada de los suministros y equipos médicos.

Si tiene alguna pregunta sobre estos procedimientos, favor de contactar a la Enfermera Escolar al:

Teléfono 619-644-1940, ext. 271

Correo Electrónico [hurst@helixcharter.net](mailto:hurst@helixcharter.net)

Fax 619-431-2409

Atentamente,

Kyja Hurst, LVN  
Enfermera Escolar



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## AUTHORIZATION FOR MEDICATION ADMINISTRATION Education Code 49423

I, the undersigned, as legal parent/guardian of \_\_\_\_\_,  
(Student's Name) (Birthdate)  
attending Helix Charter High School, request that the following medicine(s): \_\_\_\_\_

be made available to my child at the times prescribed: \_\_\_\_\_.

I understand that only personnel authorized by the school principal will assist my child in taking the medicine(s) as directed by my physician.

I will provide the medicine(s) in the prescription container(s), which is labeled with the name of my child, the prescribing physician's name, and amount of medication prescribed.

If any of the conditions in the Physician's Statement change, a new form must be signed by the parent/guardian and the physician.

Prescription and nonprescription medications are not permitted to be taken at school without a written statement from the physician and a written statement from the parent indicating desire that the school assist the student as set forth in the physician's statement below.

I recognize that this is a service or accommodation that the school is not legally required to perform. I agree to save and hold the school, its officers, employees, or agents, harmless from a liability, suits or claims of whatever nature or kind, which might arise as a result of administering the medication in accord with this request.

**This form valid for school  
Year 2023-2024**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Home Address \_\_\_\_\_

Home/Cell Telephone \_\_\_\_\_ Work Telephone \_\_\_\_\_

### THIS PORTION TO BE COMPLETED BY A PHYSICIAN LICENSED IN THE STATE OF CALIFORNIA

- | 1. | <b>**Name of Medication</b> | <b>Method of Administration</b> | <b>Dosage</b> | <b>Time of Day</b> |
|----|-----------------------------|---------------------------------|---------------|--------------------|
|    | A. _____                    |                                 |               |                    |
|    | B. _____                    |                                 |               |                    |

2. Discontinue "Medication A" on \_\_\_\_\_ and "Medication B" on \_\_\_\_\_  
(Date) (Date)

3. Type of assistance for administering medication (observe, measure, etc.):  
\_\_\_\_\_

4. Precautions for administration or storage of medication:  
\_\_\_\_\_

5. Do you wish to have school personnel contact you at intervals to discuss this medication? \_\_\_ Yes \_\_\_ No  
Please indicate: Person(s) \_\_\_\_\_, Intervals \_\_\_\_\_  
(Teacher, Nurse) (Weekly, Quarterly, etc.)

**\*\* If medication is an inhaler, EpiPen, insulin, or glucose testing equipment, and may be carried on person, check here**

\_\_\_\_\_  
Printed Name of Physician M.D./D.O. Medical License Number Telephone Number

\_\_\_\_\_  
Signature of Physician Date